

Asynchronous Development Tracker

Map your gifted child's development across domains to identify gaps and strengths

WHAT IS ASYNCHRONOUS DEVELOPMENT?

Gifted children often develop unevenly — a 7-year-old reading at a 12-year-old level while managing emotions like a 5-year-old. This is normal for gifted kids, not a disorder.

DOMAIN	CHRONOLOGICAL AGE	FUNCTIONAL LEVEL	NOTES
Intellectual / Reasoning			
Reading / Language			
Math / Logic			
Social Skills			
Emotional Regulation			
Physical / Motor			
Executive Function			
Self-Care / Independence			

Signs of Significant Asynchrony

- 2+ year gap between strongest and weakest domains
- Frustration when body can't keep up with mind (e.g., writing vs. ideas)
- Difficulty finding same-age peers who share interests
- Emotional meltdowns that seem 'too young' for their intellect
- Boredom or behavior problems in school from under-stimulation
- Perfectionism causing task avoidance in weaker areas
- Intense existential questions or anxiety beyond age expectations
- Adult-level reasoning used to avoid age-appropriate responsibilities

When you see a large gap, resist the urge to 'fix' the lower area by holding back the higher one. Instead, support both: challenge their strengths and scaffold their weaknesses without shame.

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