

# Giftedness Identification Checklist

Score your child across four domains to identify gifted traits and intensity levels

Rate each item: 0 = rarely, 1 = sometimes, 2 = frequently, 3 = almost always. Total each section and compare to the scoring guide below.

## Intellectual Characteristics

Score: \_\_\_ / 30

- Learns new concepts unusually quickly with minimal repetition
- Asks complex, probing questions beyond age expectations
- Has an unusually large vocabulary for their age
- Remembers detailed information after a single exposure
- Draws connections between unrelated concepts
- Prefers complex explanations over simple answers
- Self-teaches skills or subjects out of curiosity
- Understands abstract ideas earlier than peers
- Shows intense focus on topics of interest for extended periods
- Challenges rules or authority with logical arguments

## Creative Characteristics

Score: \_\_\_ / 24

- Generates unusual or unexpected solutions to problems
- Has a vivid, active imagination
- Creates elaborate stories, worlds, or systems
- Prefers open-ended tasks over structured ones
- Questions 'the way things are done'
- Shows a strong sense of humor, often with wordplay or irony
- Sees multiple ways to approach a single problem
- Produces original artwork, music, writing, or inventions

## Emotional Intensity (Overexcitabilities)

Score: \_\_\_ / 24

- Feels emotions more deeply than peers
- Shows strong empathy or concern for fairness and justice
- Experiences anxiety about world events, death, or existential topics

Has intense reactions to sensory input (sounds, textures, tags)

    

Forms deep attachments to people, animals, or objects

    

Is highly self-critical or perfectionistic

    

Cries or becomes upset more easily than expected for age

    

Has a strong moral compass that can feel rigid or inflexible

    

**Psychomotor Characteristics**

Score: \_\_\_ / 18

Has surplus physical energy — always moving, fidgeting, restless

    

Talks rapidly or compulsively when excited

    

Needs less sleep than peers yet functions well

    

Shows nervous habits when thinking (pacing, tapping, chewing)

    

Prefers fast-paced activities and becomes impatient with slow ones

    

Acts impulsively out of enthusiasm rather than defiance

    

0-25% OF MAX

Typical range — traits present but not dominant

25-50% OF MAX

Moderate — some gifted traits emerging

50-75% OF MAX

Strong — likely gifted in this domain

75-100% OF MAX

Very strong — seek formal evaluation

**NOT A DIAGNOSIS**

This is a screening tool, not a diagnosis. Formal identification requires evaluation by a psychologist trained in giftedness, typically using the WISC-V or Stanford-Binet 5.